

MOMMY VAN

Providing access for perinatal and infant care
to underserved women in the California Central Coast

The Mommy Van will be a mobile clinic, staffed with healthcare providers and staff who travel to the neighborhoods where access to perinatal care has become a major health issue.



“Health is not the absence of disease but the addition of confidence, skills, knowledge and connection. But most importantly, it is simply a means to an end—which is a joyful, meaningful life.”

*Cristin Lind
National Institute for Children’s Health Quality*



MOMMY VAN

Providing evidence-based preventive, preconception, prenatal, and postnatal health care to uninsured and lower income women and newborns who lack access to care. The only mobile unit in our region that specializes in women and infants' health.



Tools for transforming the health of undeserved women and babies

- *Women's annual health exams*
- *Preconception health*
- *Pregnancy diagnosis and ongoing care*
- *Diagnosis and treatment of illness*
- *Immunizations for women and infants*
- *Baby wellness visits*
- *Preventive health services for weight, eating, lifestyle, and activity*

*"Awareness is like the sun.
When it shines on things,
they are transformed."*

- Tich Nhat Hanh



Creating bridges between people, community, healthcare,
education, public health and social services



Reaching the Santa Maria population: 102,216

79% Hispanic/Latino

38% live in poverty

24% farmworkers

32% with obesity

76% families

30% lack prenatal care (vs. 17% in California as a whole)

Highly skilled, bilingual staff from Cal Poly and Central Coast Women's Health

Ob-Gyn, Nurse Practitioner, Pediatrician, Phlebotomist, Psychologist, Nutritionist,
Exercise Physiologist, Health Educator, Student Health Ambassadors

Our Partner's in Care

STRIDE & California Polytechnic State University, Cal Poly

Dignity's French Hospital Medical Center

Pacific Central Coast Women's Health Centers

Central Coast Pediatrics (pending)

Nonprofit agencies, local government, community members

CLOSING EQUITY GAPS IN WOMEN'S HEALTH



Our Program uses the “Knowledgeable Neighbor Model” that was found effective by Harvard Medical School investigators

Building patient empowerment

Understanding the unique needs of patients

Sensitively diagnosing and treating primary, preventive, and prenatal health concerns

Referring to partners in a network of medical, social, educational, and other community providers

Changing culture and mindset

“She has turned her can’ts into cans and her dreams into plans.”

MOMMY VAN IMPACTS

Moms

- Experience fewer pregnancy and delivery complications
- Connect with community resources
- Achieve healthier weight, eating, & activity habits

Infants

- Experience healthier weight at birth and during first year of life
- Attend recommended pediatric visits

Other Young Family Members

- Engage in hands-on learning & active play with Cal Poly Health Ambassadors while mom and baby attend mobile clinic visits



Learning & Science

Students, faculty, and staff research new avenues to improve maternal and child health

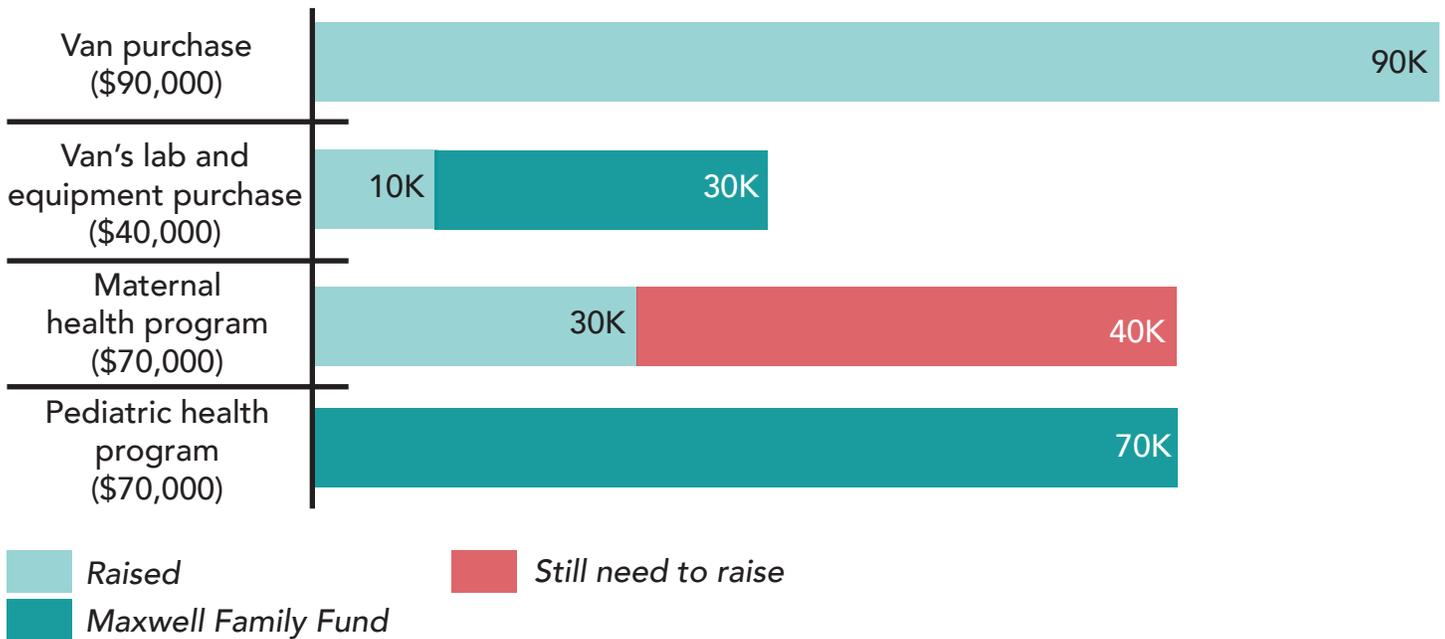
- Factors that influence intrauterine health
- Technology to bolster self-regulation skills
- Modifying infant food preferences
- Reducing distracted feeding
- Improving maternal activity, sleep, and mood
- Optimizing mothers' and infants' intestinal microbiota
- Reducing exposure to harmful environmental pollutants

Community

- Sharing science
- Inspiring change

Engagement, exchanges, education, and empowerment

FUNDRAISING GOALS



TIMELINE

2016	Purchasing and setting up the vehicle
	Hiring and training staff
	Developing mobile clinic's policies and protocols and referral network
2017	Launching the van services
	Evaluating the program
2018	Disseminating program results
	Fundraising for program continual expansion and improvement

